How to bear the unbearable (Pastor Michael Hammond Sr.) Psalm 121:1-8 (NASB)	
1.	God allow more to come your way than you can handle.
	• God will allow more to be put on you than you can bear, but not more than can bear, which means no matter what you face, in all things can be borne. (Philippians 4:13, John 16:33)
2.	You aren't "you" apart from your to Christ, because your life is tied to the (Galatians 2:20; 5:24, Philippians 3:7-11)
	 Revelation 12:11 (NASB) "And they overcame him [the devil] because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death. Some of us need to stop pursuing more knowledge about God and start pursuing with God. Some need to stop pursuing information from Christ and start receiving the of Christ through the Holy Spirit.